

A Resource Guide

for learning about racism and racial inequalities in the United States

There is an overwhelming amount of information on racism, privilege, and structural inequalities, especially if you're browsing the internet. If you want to be better informed but just don't know where to begin, here are some sources that you might find interesting or helpful. This is by *no* means the only (or even the best) list of resources, just things that I have come across or have had suggested to me.¹

The resources in this guide are arranged by medium—blog posts and articles, books, websites, podcasts, etc. If you have additional resources to recommend—please reach out! I am always interested in hearing more perspectives and expanding guides like these.

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July 1, 2021

¹ Many thanks to Dr. Pedro Monarrez and the Paleontological Society for sharing some of these resources with me.

Articles and Blog Posts

- Buler, Tamika. 2020. "Stop Killing Us: A Real Life Nightmare." *Medium* (May 28).
<https://blog.usejournal.com/stop-killing-us-a-real-life-nightmare-dd47c576ec1b>
This post is very emotional to read. I also like it because of the questions the author poses for her readers, which I have included below.
 - Do I understand that not being racist isn't the same as being anti-racist?
 - Why am I so afraid to be brave enough to confront my power and privilege?
 - What am I waiting for to decenter whiteness and realize just because I have never experienced it (or seen the research to prove it) doesn't mean it isn't real?
 - What am I doing every single day to force myself to think about racism and white supremacy?
 - What am I doing every single day to stop the killing of Black people?
- Tianna. "What Do I Want from White People? (An Illustration on Being Black in America)." *What's Up with Tianna?*
<https://whatsupwithtianna.com/2020/05/30/what-do-i-want-from-white-people-an-illustration-on-being-black-in-america/>
- Kendi, Ibram X. 2020. "Who Gets to Be Afraid in America?" *The Atlantic* (May 12).
<https://www.theatlantic.com/ideas/archive/2020/05/ahmaud-arbery/611539/>
- The Aspen Institute. 2016. "11 Terms You Should Know to Better Understand Structural Racism."
<https://www.aspeninstitute.org/blog-posts/structural-racism-definition/>
- Shutack, Corinne. 2017. "75 Things White People Can Do for Racial Justice." *Medium* (August 13).
<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>
- Serwer, Adam. 2020. "The Coronavirus Was an Emergency Until Trump Found Out Who Was Dying." *The Atlantic* (May 8).
<https://www.theatlantic.com/ideas/archive/2020/05/americas-racial-contract-showing/611389/>
- Delgado, DiDi. 2017. "Whites Only: SURJ and The Caucasian Invasion of Racial Justice Spaces." *HuffPost* (April 3).
https://www.huffpost.com/entry/whites-only-surj-and-the-caucasian-invasion-of-racial_b_58dd5cf7e4b04ba4a5e25209
- Coaston, Jane. "The intersectionality wars." *Vox* (May 28).
<https://www.vox.com/the-highlight/2019/5/20/18542843/intersectionality-conservatism-law-race-gender-discrimination>

- Martin, Courtney. 2020. "Answering White People's Most Commonly Asked Questions about the Black Lives Matter Movement." *The Bold Italic*. <https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9>
- Ruiz, Rebecca. 2020. "6 ways to be an antiracist, because being 'not racist' isn't enough." *Mashable* (June 3). <https://mashable.com/article/how-to-be-antiracist/>
- McIntosh, Peggy. 1988. "White Privilege: Unpacking the Invisible Knapsack." <http://convention.myacpa.org/houston2018/wp-content/uploads/2017/11/UnpackingTheKnapsack.pdf>
- Alba, Davey. 2020. "Misinformation About George Floyd Protests Surges on Social Media." *The New York Times* (June 1). <https://www.nytimes.com/2020/06/01/technology/george-floyd-misinformation-online.html>
- Capatides, Christina. 2020. "White silence on social media: Why not saying anything is actually saying a lot." *CBS News* (June 3). https://www.cbsnews.com/news/white-silence-on-social-media-why-not-saying-anything-is-actually-saying-a-lot/?fbclid=IwAR0kxJA_4LemOhQaZrecBx8sSd6VSfN4ujMoHDVjuHJmNiN6vojMRM8-nFs
- Stewart, Emily. 2020. "99 years ago, one of America's worst acts of racial violence took place in Tulsa." *Vox* (May 31). <https://www.vox.com/identities/2020/5/31/21276084/tulsa-race-massacre-black-wall-street-protests-george-floyd>

Websites/Online Resources

- Black Lives Matter ("What We Believe"): <https://blacklivesmatter.com/what-we-believe/>
- Anti-Racism Resources: bit.ly/ANTIRACISMRESOURCES
- Anti-racism Resource Guide: https://docs.google.com/document/d/1hpub-jkm9cLzJWqZSsETqbE6tZ13Q0UbQz-vQ2avEc/preview?pru=AAABcn_tlYA*an9vS7UI2w-HVmrZUtz3w
- Guide to Allyship: <https://guidetoallyship.com/#how-to-handle-mistakes>
- Racial Equity Tools: <https://www.racialequitytools.org/home>

- Ally Wiki: <http://www.ally.wiki>
- Vanguard STEM: <https://www.vanguardstem.com/>
- How to be Actively Antiracist:
https://www.instagram.com/p/CAvbZyVh1xc/?utm_source=ig_web_copy_link
- Antiracist Resources and Reads (Evanston Public Library, Lists for All Ages):
<https://www.epl.org/antiracist-resources-and-reads-lists-for-all-ages/>

Books

- Kendi, Ibram X. 2019. *How to be an Antiracist*. One World. ISBN: 978-0525509288.
- Oluo, Ijeoma. 2019. *So You Want to Talk About Race*. Seal Press. ISBN: 978-1580058827.
- Bonilla-Silva, Eduardo. 2017. *Racism without Racists: Color-Blind Racism and the Persistence of Racial Inequality*. Rowman & Littlefield. ISBN: 978-1442276239.
- Eddo-Lodge, Reni. 2019. *Why I'm No Longer Talking to White People About Race*. Bloomsbury. ISBN: 978-1635572957.
- Lorde, Audre. 2007. *Sister Outsider*. Crossing Press. ISBN: 978-1580911863.
- Collins, Patricia Hill. 2008. *Black Feminist Thought*. Routledge. ISBN: 978-0415964722.
- Saad, Layla F. 2020. *Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor*. Sourcebooks. ISBN: 978-1728209807.
- Dunbar-Ortiz, Roxanne. 2015. *An Indigenous Peoples' History of the United States*. Beacon Press. ISBN: 978-0807057834.
- Alexander, Michelle. 2020. *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*. The New Press. ISBN: 978-1620971932.
- Cooper, Brittney. 2018. *Eloquent Rage: A Black Feminist Discovers Her Superpower*. St. Martin's Press. ASIN: B074DZBTFX.
- Steele, Claude. 2011. *Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do*. W.W. Norton & Company. ISBN: 978-0393339727.
- Jones-Rogers, Stephanie E. 2020. *They Were Her Property: White Women as Slave Owners in the American South*. Yale University Press. ISBN: 978-0300251838.

- Noble, Safiya Umoja Noble. 2018. *Algorithms of Oppression: How Search Engines Reinforce Racism*. NYU Press. ISBN: 978-1479837243.
- Kendi, Ibram X. 2019. “An Antiracist Reading List.” *The New York Times* (May 29). <https://www.nytimes.com/2019/05/29/books/review/antiracist-reading-list-ibram-x-kendi.html>
- Rebolini, Arianna. 2020. “An Essential Reading Guide for Fighting Racism.” *Buzzfeed* (May 29). <https://www.buzzfeednews.com/article/ariannarebolini/george-floyd-amy-cooper-antiracist-books-reading-resources>

Podcasts²

- Code Switch (NPR): <https://www.npr.org/sections/codeswitch/>
- 1619 (NY Times): <https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>
- About Race (Reni Eddo-Lodge): <https://www.aboutracepodcast.com/>
- Intersectionality Matters (AAPF and Kimberlé Crenshaw): <https://aapf.org/all-episodes>
- The Diversity Gap (Bethaney Wilkinson and Kayla Stagnaro): <https://www.thediversitygap.com/podcast-1>
- Pod Save the People (Crooked Media and DeRay Mckesson): <https://crooked.com/podcast-series/pod-save-the-people/>

Movies and Documentaries

- Jokic, Natasha and Kayla Yandoli. 2020. “Here are 22 Movies and Documentaries about Race Everyone Should Watch at Least Once.” *Buzzfeed* (June 2). <https://www.buzzfeed.com/natashajokic1/racial-injustice-documentaries-and-movies>
- Adams, Sam. 2020. “The Best Movies Studios Are Releasing for Free Because of the Protests.” *Slate* (June 5). <https://slate.com/culture/2020/06/movies-free-george-floyd-protests-selma-black-filmmakers.html>

² Sourced from this post: https://www.instagram.com/p/CAvbZyVh1xc/?utm_source=ig_web_copy_link

Caring for Yourselves and Each Other

- Caraballo, Jor-el. 2020. "How to Cope with Race-Based Trauma." *Teen Vogue* (May 28). <https://www.teenvogue.com/story/how-to-cope-with-race-based-trauma>
- Miller, Rachel. 2020. "Self-Care Tips for Black People Who Are Struggling With This Very Painful Week." *Vice* (May 28). https://www.vice.com/en_us/article/g5pgmq/self-care-tips-for-black-people-struggling-from-painful-week?fbclid=IwAR3aKXsJzEIfhBZblabVLb1h9Qs1HfsjRwV-2D0rkVd_vHYPnzpRhSVHt64
- Barclay, Eliza. 2020. "How to more safely protest in a pandemic." *Vox* (June 2). <https://www.vox.com/2020/5/31/21276082/what-to-bring-to-a-protest-coronavirus-covid-19-risk-safety>

The BLM Protests: Explanations, Calls for Reform, and Further Thoughts

- The Daily Show with Trevor Noah. 2020. "George Floyd, Minneapolis Protests, Ahmaud Arbery & Amy Cooper | The Daily Social Distancing Show." https://www.youtube.com/watch?v=v4amCfVbA_c (18 minutes)
- NowThisNews 1. 2020. "Tamika Mallory on George Floyd Protests | NowThis." <https://www.youtube.com/watch?v=XkGC1jdEtKc> (4 minutes)
- NowThisNews 2. 2020. "8 Ways to Reform Policing Right Now | NowThis." https://www.youtube.com/watch?v=jv984_2cuJ4 (4 minutes)
One of the major calls from protestors has been #8CantWait—eight reforms to be made to policing. This video has a quick summary of these reforms.
- Philimon, Wenei. 2020. "Not Just George Floyd: Police departments have 400-year history of racism." *USA Today* (June 7). <https://www.usatoday.com/story/news/nation/2020/06/07/black-lives-matters-police-departments-have-long-history-racism/3128167001/>
- Shearer, Lee. 2020. "Athens police say most demonstrators tear-gassed were Boogaloo. Some question if that's true." *Athens Banner-Herald* (June 2). <https://www.onlineathens.com/news/20200602/athens-police-say-most-demonstrators-tear-gassed-were-boogaloo-some-question-if-thatsquos-true>

- Cooper, Brittany. 2020. “Why Are Black Women and Girls Still an Afterthought in Our Outrage Over Police Violence?” *TIME* (June 4).
https://time.com/5847970/police-brutality-black-women-girls/?fbclid=IwAR0EaNOXdTW3g2clK0s8OPnqUkbHz9F7FcXrE4w369aMZh_HmszejuSd-Q
- Navia, Tomas and Sam Donnenberg. 2020. “Black Trans Protesters Are Marching for a Police Killing That Cis People Aren’t Talking About: Tony McDade.” *Vice* (June 3).
https://www.vice.com/en_us/article/ep4xp4/black-trans-protesters-are-marching-for-another-police-killing-cis-people-arent-talking-about-tony-mcdade?utm_campaign=sharebutton&fbclid=IwAR3htGCARZ698Zj33IibUNPglRsklqTlJ4zkudFyL_8crG92MMWrY49fnBw
- Politico Magazine. 2020. “It Really Is Different This Time.”
<https://www.politico.com/news/magazine/2020/06/04/protest-different-299050>
- Johnson, Jason. 2020. “What we’re missing when we condemn ‘violence’ at protests.” *Vox* (May 29).
<https://www.vox.com/first-person/2020/5/29/21274891/george-floyd-cop-arrested-minneapolis-breonna-taylor>
- Resnick, Brian. 2020. “What public health experts want critics to know about why they support the protests.” *Vox* (June 6).
<https://www.vox.com/science-and-health/2020/6/6/21279592/protest-pandemic-covid-19-risk-second-wave-systemic-racism>